

# BLACK CREEK PREPAREDNESS SUGGESTIONS

The items below are also in addition to any standard preparedness suggestions.

**You eventually are responsible for your own safety.** *If you feel you would not be able to cope on your own for several days, then make advance plans for an alternate place to stay while emergency conditions last.*

Emergency conditions do not only take place in the winter; summer can bring severe storms, heat warnings, etc.

1. In **FREEZING WEATHER** leave taps with a steady stream of water
  - a. This will ensure the lines do not freeze. In the event of a power outage there will be no heat reaching the lines
2. If the emergency is storm related with high winds, know the safest place in your home to take shelter.
3. Know what to do in **EXTREME HEAT DURING POWER OUTAGES.**
  - a. Block out the heat. Keep blinds/curtains closed to stop the sun from coming in through glass windows and heating up the room; Let the breeze in; Cool down with water; Sleep outside or in a cooler room; Don't cook inside.
4. Keep plenty of fluids available to ward off dehydration.
5. Place a shovel inside your home if snowfall is forecast.
  - a. This may help you shovel out if needed.
6. Keep plenty of fuel in your vehicle.
  - a. You may need to use your vehicle as a warming station for short periods of time. Always check to make sure the exhaust is clear before doing this.
  - b. You may need to use your vehicle to charge your cell phone.
7. Have a way to charge your cell phone if there is no power
  - a. An inexpensive power bank, if fully charged, can give you several charges for a cell phone (check periodically to ensure the power bank is fully charged).
8. Check Gas Fireplace to ensure working properly.
9. Replace heat wrap under home if necessary (every 6-7 years)
10. Pre-arrange for snow removal prior to winter months.
  - a. You may be unable to do this yourself in a heavy snowfall.
11. Keep your 'red card' where you can place it easily in a window if you need emergency help. Keep a whistle/air horn at hand for additional way to signal for help.
12. Flashlights, batteries, matches and candles (with appropriate safety precautions)
13. Battery operated/crank radio.
14. Manual/Battery Operated can opener and canned foods such as beans, tinned meats, soups, etc. that will be easy to reheat.
15. Butane operated hot plate if no cooking source available when power is out.
16. Ensure you have medical supplies/equipment (oxygen, meds, etc.) to last at least 3 days (72 hours)

**Know who your block captain is. Update information that may be useful during an emergency.**